

OUR RECENTLY ESTABLISHED  
GIRLS ONLY FOOTBALL TRAINING.

- WEEKLY TRAINING AND  
FIXTURES
- FUTSAL OPPORTUNITIES
- LOCAL PATHWAYS

OUR VISION IS TO GET THE GIRLS  
GAME BOOMING IN 2021!

**GIRLS FOOTBALL**  
**6-13 YEARS**



THE GROUP WE  
CURRENTLY HAVE ARE  
AMAZING AND WE  
WANT YOU TO BE PART  
OF THE ACTION TOO.

[WWW.ICSCOACHING.CO.UK](http://WWW.ICSCOACHING.CO.UK) TO BOOK

FUTURE KICKERS IS A FUN  
INTRODUCTION TO FOOTBALL, THE  
SESSIONS WILL BE DESIGNED SO IT  
DEVELOPS SHOOTING, SAVING,  
RECEIVING, AGILITY, BALANCE AND  
CO-ORDINATION.

FUTURE KICKERS WILL HAVE A BALL EACH  
FOR THE MAJORITY OF THE SESSION. IN  
WINTER MONTHS WE WILL ALWAYS DO  
THIS SESSION INSIDE.

**FUTURE KICKERS**  
**3-5 YEARS**



FESTIVAL OF FIXTURES

#THEINSPIREWAY

Taking Massive Strides In Youth Development

**F**OOTBALL **D**EVELOPMENT **C**ENTRES

FOOTBALL TRAINING CATERING FOR AGES 3-16+



#THEINSPIREWAY



WE ARE DELIGHTED TO LAUNCH OUR FUTSAL PROGRAMME, THIS WILL OFFER OPPORTUNITIES FOR CHILDREN TO PLAY THE HIGH TEMPO INDOOR FOOTBALL.

WE PROVIDE A FUN AND FANTASTIC ENVIRONMENT FOR CHILDREN OF ALL AGES AND ABILITIES TO LEARN AND PLAY FUTSAL.

WE PROVIDE OPPORTUNITY FOR EVERY CHILD TO TRAIN, PLAY IN A TEAM AND ENTER FESTIVALS AND COMPETITIONS.



FUTSAL HELPS DEVELOP AN ARRAY OF SKILLS THAT MAKES ALL CHILDREN BETTER PLAYERS, BOTH ON THE FUTSAL COURT AND THE FOOTBALL PITCH.

**FUTSAL CENTRE**  
**3-14 YEARS**

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## WEEKLY TRAINING CENTRES

WE WELCOME NEW AND EXISTING GKs TO OUR WEEKLY TRAINING CENTRES. NOTHING BETTER THAN DIVING AROUND AND SAVING THE BALL MAKING SURE IT STAYS OUT OF THE GOAL! DEVELOP EVERYTHING GK AT OUR CENTRE.

## 1 TO 1 COACHING

WHATEVER YOUR REASONS, OUR 1:1 COACHING SESSIONS WILL GIVE YOUR CHILD A DETAILED ASSESSMENT OF THEIR SKILLS AND WILL GIVE FUTURE TARGETS TO TAKE THEM TO THE NEXT LEVEL.

## HOLIDAY CAMPS

OUR HOLIDAY CAMPS WELCOME GOALKEEPERS OF ALL ABILITIES TO DEVELOP EXISTING SKILLS AND LEARN NEW SKILLS

**SPECIALIST GK COACHING**  
**4-16 YEARS**



## GOALKEEPING CHAMPIONSHIPS

ARRIVING IN STYLE IN 2021, GK'S WILL COMPETE AGAINST EACH OTHER IN AGE GROUPS TO SEE WHO IS THE GK CHAMPION!



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- WEEKLY TRAINING
- FIXTURE OPPORTUNITIES
- CHALLENGING FOR THE PLAYER
- LEARN AND DEVELOP SKILLS
- ENJOY AND MEET NEW FRIENDS



**GREAT FOR FITNESS**  
**AMAZING FOR WELLBEING**



LOOKING TO GET INTO A TEAM?  
WE CAN HELP CONTACT US  
FOR MORE INFORMATION

**SKILLS CENTRE**  
**6-12 YEARS**

#THEINSPIREWAY

## Taking Massive Strides In Youth Development

“ LET TODAY BE THE START OF  
SOMETHING NEW ”

**VENUES ONLINE**



#THEINSPIREWAY



LAUNCHED IN 2017 OUR ACADEMY HAS GONE STRENGTH TO STRENGTH WE OFFER...

- WEEKLY TRAINING AND FIXTURES
- INTENSE TRAINING RAGIME
- PROFFESIONAL COACHING
- FUTSAL FIXTURES + TRAINING
- WE FOCUS ON DEVELOPING THE PERSON NOT JUST THE PLAYER

CONTACT US TO REQUEST A TRAIL OFFICEICSCOACHING@GMAIL.COM  
VENUE | DEREHAM TOWN F.C | KING’S LYNN \*| SWAFFHAM\* |



**NEXT GENERATION FOOTBALL ACADEMY**  
**\*INVITATION ONLY**

WWW.ICSCOACHING.CO.UK - BOOK NOW

WE PRIDE OURSELVES ON HAVING A WORKING RELATIONSHIPS WITH LOCAL GRASSROOTS TEAMS IN NORFOLK.

WE OFFER MONTHLY FAIR PLAY PRIZES FOR THE MINI SOCCER AGE GROUPS, SPONSOR TEAMS, COACH SUPPORT, CAREER OPPERTUNTIES, AND RUN FUTSAL FIXTURE AND LEAGUES FOR ALL TEAMS.



ICS COACHING - MNYL PARTNERSHIP

**MID NORFOLK YOUTH LEAGUE**  
**A PATHWAY FOR ALL PLAYERS**

CHILDREN DEVELOP AT DIFFERENT STAGES, AND OFTEN NEED EXTRA COACHING.

PERHAPS THEY’RE JUST STARTING OUT AND WANT TO GET A HEAD START, OR MAYBE THEY’RE ALREADY PLAYING AND WANT TO ENHANCE THEIR SKILLS AND CONFIDENCE.

WHATEVER YOUR REASONS, OUR I:I COACHING SESSIONS WILL GIVE YOUR CHILD A DETAILED ASSESSMENT OF THEIR SKILLS AND WILL GIVE FUTURE TARGETS TO TAKE THEM TO THE NEXT LEVEL.

**I-I SPECIALISED FOOTBALL TRAINING**  
**4-16+ YEARS**



#THEINSPIREWAY

Taking Massive Strides In Youth Development

- A PATHWAY IN SPORT IS VERY IMPORTANT WE CAN HELP GUIDE IN THE RIGHT WAY.
- WE BELIEVE THAT SPORT SHOULD BE COMPETITIVE AS LONG AS IT’S DELIVERED CORRECTLY.
- IT’S NOT JUST THE FINAL RESULT WE BELIEVE IT’S THE PROCESS.

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#THEINSPIREWAY